

# TWO DAY FIRST AID AT WORK REQUALIFICATION TRAINING



## **COURSE OUTLINE**

This course is to refresh and renew already qualified Health & Safety First Aid at Work personnel. It re-establishes the skills and knowledge taught on the 3 day course. It also updates any changes within the First Aid and CPR guidelines. This course must be taken within 28 days of the expiry of previous qualifications, failure to do so will mean attendance on a full 3 day FAW course. A copy of the original certificate is required stating the expiry date.

## **COURSE DURATION**

A minimum of 12 hours

## **COURSE OUTCOMES**

By the end of the course candidates will be able to demonstrate the essential knowledge and skills needed to deal with emergency first aid in the Workplace.

## **COURSE SYLLABUS**

- Introductions
- Responsibilities
- Action in an emergency
- Primary survey
- Secondary assessment
- Resuscitation
- Airway Obstruction & Breathing Disorders
- Disorders of the circulation
- Wounds and bleeding
- Burns & Scalds
- Poisoning
- Disorders of Consciousness
- Bones, joints & Muscle Injuries
- Incident Management

## **ASSESSMENT**

All delegates will be assessed by independent assessors on their ability to act safely, promptly and effectively for a casualty who is unresponsive, requires CPR and who is wounded and bleeding.

## **CERTIFICATION**

All successful delegates will be issued with an HSE First Aid at Work qualification that is valid for 3 years.

## **THE TRAINER**

A First Aid Instructor, whose qualifications are acceptable to the Health & Safety Executive for teaching statutory First Aid and whose Registration is acceptable to Nuco Training Ltd, will conduct the course. The trainer will be informed of any changes to procedures and practices as laid down by the European Resuscitation Council and the Health & Safety Executive.

## **COURSE EVALUATION**

All candidates will be given the opportunity to evaluate the course in respect of the contents of the course, the knowledge and skills of the tutor, resources that were made available and the venue.