

HSE APPROVED THREE DAY FIRST AID AT WORK COURSE



COURSE OUTLINE

It is an HSE Requirement that employers should provide a safe environment for their employees. This course will provide you with suitable, highly trained personnel covering a wide range of First Aid emergencies enabling participants to deal with a casualty in a safe, prompt and effective manner.

COURSE DURATION

A minimum of 18 hours

COURSE OUTCOMES

By the end of the course candidates will be able to demonstrate the essential knowledge and skills needed to deal with emergency first aid in the Workplace.

COURSE SYLLABUS

- First Aid in the Workplace
- Responsibilities
- Action in an emergency
- Primary survey
- Secondary assessment
- Breathing & Circulation
- Resuscitation
- Disorders of Respiration
- Disorders of the circulation
- Wounds and bleeding
- Disorders of Consciousness
- Foreign Objects
- Burns & Scalds
- Bones, joints & Muscle Injuries
- Poisoning
- Incident Management
- Casualty Management

ASSESSMENT

All delegates will be assessed by independent assessors on their ability to act safely, promptly and effectively for a casualty, who is unresponsive, requires CPR and who is wounded and bleeding.

CERTIFICATION

All successful delegates will be issued with an HSE First Aid at Work qualification that is valid for 3 years. To re-new, you must attend a 2 day requalification course. The HSE strongly recommends that all first aiders attend an annual refresher course of a minimum of 3 hours.

THE TRAINER

A First Aid Instructor, whose qualifications are acceptable to the Health & Safety Executive for teaching statutory First Aid and whose Registration is acceptable to Nuco Training Ltd, will conduct the course. The trainer will be informed of any changes to procedures and practices as laid down by the European Resuscitation Council and the Health & Safety Executive.

COURSE EVALUATION

All candidates will be given the opportunity to evaluate the course in respect of the contents of the course, the knowledge and skills of the tutor, resources that were made available and the venue.