

COURSE OUTLINE

A course that is suitable for Walk leaders, Coaches, Marshalls and helpers in Sport who would like to gain some knowledge in basic first aid.

COURSE DURATION

3 Hours

COURSE OUTCOMES

By the end of the course candidates will be able to demonstrate the essential knowledge and skills needed to deal with basic first aid when in and around sports.

COURSE SYLLABUS

- Introduction - The First Aider
- Action at an Emergency
- Primary Survey
- Secondary Assessment
- Resuscitation
- Soft tissue Injuries
- Fractures
- Causes of unconsciousness
- Wounds & Bleeding
- Medical conditions

ASSESSMENT

The course tutor will carry out an on-going assessment.

CERTIFICATION

All successful Students will receive a certificate of attendance.

THE TRAINER

A First Aid Instructor, whose qualifications are acceptable to the Health & Safety Executive for teaching statutory First Aid and whose Registration is acceptable to Nuco Training Ltd, will conduct the course.

The trainer will be informed of any changes to procedures and practices as laid down by the European Resuscitation Council and the Health & Safety Executive.

COURSE EVALUATION

All candidates will be given the opportunity to evaluate the course in respect of the contents of the course, the knowledge and skills of the tutor, resources that were made available and the venue.